FAMILY TABLE

- 1. Draw the shape of the table where you ate your meals as a family when growing up.
- 2. Choose a color for each person that reminds you of this person and draw them where they sat at the table and to the size of their importance in your life—big, small, etc.
- 3. Draw the lines of communication between you and the others at the table—a straight line for straight talk, a broken line for broken communication, etc.

4. Color the center of the table the color of the atmosphere.

FEEDBACK/AFFIRMATION

After a person has shared his/her drawing, each person will finish the sentence:

The gift you gave me in your story was...