

Rooted in The Fight

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As discipleship groups, we are little communities OF light that simultaneously fight FOR the light - in ourselves, each other, and the world. Living in the light doesn't come naturally, hence the **intentionality** of the word "fight" in my rooted statements this year.

Sometimes you just need a good question to get started, to draw everyone in, or to get beyond the surface level "how's it going?" Rarely does "how are you doing?" lead beyond the surface. Let's draw our disciples into the light of community more. I want to give you some starter questions that you could ask anyone in your group - as the list goes on they get deeper, so determine where your group is. Don't forget to ask yourself these questions - bring your own heart into the light!

Rooted

Fight for the Light question ideas:

1. Where are you encouraged right now? Where are you discouraged?
2. In what ways has God blessed you this week?
3. What (emotions) are you bringing into the group today? How are you hoping God will meet you in that?
4. How have you seen God's faithfulness to you this week?
5. Tell me about one quiet time you had this week.
6. What areas are you living and working out of your own strength right now?
7. What does it look like, feel like, and sound like when you are abiding in Christ and not your strength?
8. What does obedience look like in this present moment for you? Where is God inviting you to follow Him in obedience right now?
9. How has a specific scripture led you in confession and repentance this week?
10. Where do you see or feel the testing of your faith right now(1 Peter 1:3-7)? What attributes of God are being revealed by the refining fire?
11. Is there any bitterness or unforgiveness you're holding onto right now? What might it look like to release that?
12. In what ways do you tend to hide from God? Are you hiding from Him now?
13. What do you cling to for hope when it's not God? What does that do for you or look like?
14. What do you want Jesus to do for you and in you?
15. How has God freed you from a specific struggle or sin in the last year?
16. Where are you longing to be freer from sin? How can we come alongside you in this?
17. Are there areas of darkness in your heart and mind that you fear bringing into the light with us? Will you commit to praying about bringing those into the light before God and then us?

Some ideas for using these questions

- 1 - Let your group know the day before what your “fight for the light” or “get rooted” question is going to be so that they can be reflecting on it.
- 2 - Write out a few of these questions and put them in a hat and each member draws one out to answer. (This may work better with a mens group unless the women are already very comfortable with each other and don't mind surprises.)
- 3 - Take some time to journal about the answer to the question in group for 5-10 minutes and then let any member share who would like to, but not force anyone to share. Let them know before journaling time in group that you won't be requiring them to share.

You know the temperature of your group and what they are comfortable with. While we want to stretch our disciples, we also want to create a safe space to be known, real, and struggle.

More sin-specific Questions

There will be specific accountability questions you are following up on as you get to know the struggles of your group more, so don't shy away from asking more specific questions about the specific temptation. Here are some possible questions:

- 1 - Are you consistently in the Word? What has that looked like this week?
- 2 - What has your alcohol consumption looked like this week?
- 3 - Have you looked at porn or entertained thoughts and images in your mind that don't involve your spouse?
- 4 - Are your spending habits honoring Jesus - can you share with us what you've spent your money on this month?
- 5 - Have you lied to anyone this week?

This list could go on, of course. Here's a link to some more very specific accountability questions if you want ideas for how to ask about more specific struggles:
<https://pcacdm.org/accountability-questions/>

Remember that you don't have to “fix”. Just start by leading your disciples into the light - Jesus' blood covers us and our brothers and sisters, so we don't have to fear what we see and what they see.